

From: Paul Stevens [stevenspl@live.com]
Sent: Monday, January 26, 2015 9:09 AM
To: stevenspl@live.com
Subject: Connecting - January 26, 2015

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Connecting

January 26, 2015

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Colleagues,

Good Monday morning!

It was an especially good day in Columbus, Ohio, on Saturday when 45,000 Ohio State fans crowded into Ohio Stadium to celebrate honors bestowed on their national champion Buckeyes team.

In the photo above, Associated Press regional director **Eva Parziale** presented The Associated Press College Football National Championship trophy to coach Urban Meyer, who also accepted championship trophies from the College Football Playoff and the American Football Coaches Association. Flames and fireworks went off as Meyer gathered in the first college football playoff trophy. The photo was taken by **Paul Vernon**.

In her remarks, Eva said, "The AP national championship title is the oldest and most-recognized in college football - awarded each year since 1936. Ohio State has won it four times - today is the fifth! Now it is my pleasure to present this year's award to coach Urban Meyer and the 2014 Ohio State Buckeyes. Congratulations!"

Among the thousands in the stands watching the celebration were members of Eva's family - from left, husband **Dan Delehanty**, daughters **Kelsey** and **Maggie**, and family friend **Louise Reed**.



Click [here](#) for a link to the AP story on the celebration.

Paul

Another transition: New York bureau chief



Howard Goldberg ([Email](#)) informed his AP members on Friday that his position, New York bureau chief, has been eliminated and that he is leaving AP in a week or so after helping with the transition of his duties.

Howard served the AP for more than 28 years, and assumed his New York position in 2005.

He joined AP on the national editing desk in New York, where he worked for several years as a supervisor and

editor of AP's public opinion poll. He was appointed Ohio news editor in 1998 and later became assistant bureau chief before taking a similar position in Los Angeles in 2003. A native of Cincinnati, Goldberg graduated from Duke University and worked for three newspapers in North Carolina, including seven years at The Charlotte Observer.

As an editor, Howard worked on many high-profile stories, including multiple hurricanes, wildfires, airliner crashes and celebrity arrests. As a bureau chief he says his work was often subtle and behind-the-scenes: not calling elections that were too close, helping reporters and photographers get into courts and stay out of legal trouble, helping train newspapers making a digital transition, and helping AP's new digital customers understand how AP gathers news.



For those trying to put a face to the name, Howard shares what he calls a bureau chief action photo, above. He says he was trying to signal Syracuse Coach Jim Boeheim that the clock had run out on his remarks to members at the New York AP 2013 state meeting.

I know his fellow Connecting colleagues join me in wishing him the best in the new chapters that lie ahead for him after a proud career of service to The Associated Press.

Elon Torrence celebrates his 98th birthday



It was a happy 98th birthday celebration for Connecting colleague **Elon Torrence** ([Email](#)), (shown above with his wife Polly), retired Topeka newsman whose career in Kansas included coverage such major stories as the trial of the two men who killed members of the Clutter family, basis for Truman Capote's book, "In Cold Blood." I was privileged to interview Elon for an AP Oral History a few years ago, and his memories of those days remain vivid.

The occasion was marked by an earlier party that included a number of family members including Polly, son Ron from Phoenix, son Chuck and his wife Carol, daughter Mary, brother-in-law and sister-in-law Joe and Darlene Pollom, and four nephews and nieces and spouses, and one great grandson.

If you would like to drop him a postal note, his address is: 1610 SW 37th St #117, Topeka 66611.

Connecting volunteers: How we help others



Ed Bell ([Email](#)) - After retirement I needed to keep my brain engaged and continue to develop relationships, so I joined the Rotary Club where I served on the board of directors.

My primary endeavor is being the district representative for ShelterBox. (www.shelterboxusa.org). The organization provides rapid relief to victims of disasters around the world. Our signature green box contains a tent, a stove, cooking utensils, tools, blankets, water purification and even an activity kit for youngsters. Our current deployments are along the Syrian border in Turkey, Lebanon and Iraqi Kurdistan, the Philippines and Malaysia. We housed more than a quarter of a million people in Haiti after the earthquake.



When I am not traveling to Rotary Clubs north of Boston, raising money for ShelterBox I am serving as treasurer of MHTV, the Marblehead Community Access channel, where I also do a monthly topics show. Our panel includes the editors of the Marblehead (weekly) Reporter and the Salem News. The program called "Up For Discussion" has a loyal following in Marblehead. On Sundays I serve as a lector at St. Andrew's Episcopal Church. I am an adviser to ElderAct, the Rotary's club for seniors. I served six years on the

Council on Aging, two of them as chairman. Through it all I have made dozens of new friends and kept myself engaged.

I volunteer as a member of the race committee at the Boston Yacht Club in Marblehead. One of my responsibilities is to schedule the crew for the Wednesday Night races. Upwards of 40 sailing yachts compete in this weekly event outside Marblehead Harbor. My job aboard the signal boat is that of timer. The picture shows me at the starting line of the Marblehead to Halifax Ocean Race which is held every other year.

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Dave Lubeski ([Email](#)) - My volunteer experience was while I still lived in the Washington, D.C. area.

After my AP retirement in 2009 I went to work at George Washington University. A church on the edge of campus just a block from the Watergate complex served breakfast and dinner to the homeless and other less fortunate. Michelle Obama volunteered there one Thanksgiving.



One of my first stories for the athletic web site was about a GW basketball player who volunteered at the facility - known as Miriam's Kitchen. After I made several visits to Miriam's to research the story I signed on as a volunteer. (Dave is shown in photo at left, with fellow volunteer Dick Golden, right.)

My kitchen volunteer work ended when I left GW in 2011.

A few weeks later I had a minor outpatient medical procedure (colonoscopy) at Inova Fairfax Hospital just three miles from my house. After my procedure a volunteer in blue jacket showed up to give me a wheel chair ride to the lobby where my wife was waiting to take me home. I struck up a conversation with the volunteer about her work and she directed me to the hospital web site.

I went online, applied and after being interviewed, accepted and trained in the volunteer program I was assigned to the main tower volunteer section. For the first few weeks I learned by working side by side with the woman who had wheeled me out after my procedure two months earlier. I wheeled discharged patients to their ride home, helped parents of newborns clear out of the maternity ward, delivered specimens to the lab, delivered patients to x-rays or MRIs, delivered flowers, dropped off papers at the morgue and performed various odd jobs. I wore a pedometer and registered an average of three miles per four-hour shift.

It's the largest hospital in Northern Virginia and with additions built through the years, it's a very complex place to maneuver. Learning my way around was my biggest challenge and a shift in the blue jacket didn't go by without being stopped frequently and asked for directions by visitors or distraught family members. In almost every case it was always easiest to just take them where they wanted to go. It wasn't unusual to be just a few feet from the parking garage on my way home when someone coming in from the garage needed help in finding a loved one who had just been admitted. Some of these people were obviously shaken and scared and I just tried to put myself in their shoes. I always ended up turning around and taking them where they needed to go.



To help me learn my way around in the beginning, I started my own cheat sheet with a map of important locations in the hospital and color coded them with the corresponding elevators or sections. It included a list of the departments and the meaning of each abbreviation and acronym (i.e. NICU-Neonatal Intensive Care Unit, PICU-Pediatric, CVOR-Cardio Operating Room, PACU-Post Anesthesiology Care, LDR, Labor & Delivery Reception). I shared with my fellow volunteers and the head of the volunteer section heard about my list and distributed it for use by all shifts.

After three months I was approached to become a shift supervisor, the one who assigned the other volunteers to various tasks, dealt with section nurses, did troubleshooting and trained high school volunteers.

It ended when I pulled up stakes and moved the family to Kansas, but my hospital work was the most rewarding thing I've ever done and it's what I've missed the most since moving to the Midwest.

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Rachel Ambrose ([Email](#)) - Your volunteerism reports came to mind while I was stuck at a light on Wilshire Blvd. in the Westwood area of Los Angeles today, right across from the Hammer Museum. I had time to take a picture.

Connecting mailbox

Happy birthday to 'the princess of South Philly'

Michael Feldman ([Email](#)) - Friday was my mother's 92 birthday. My wife and I took her to her to lunch. She has survived the Depression, World War Two, the Red Scare of the 1950's, Vietnam and my late father. She is the princess of South Philly and a good Democrat and Obama supporter.



My great uncles and grandmother were murdered during the war. The last letter from there was dated 1940. Most likely shot to death and their bodies burnt in a ditch near Leningrad and the Lithuanian border. My mother turned 92 yesterday and never met her grandmother.

My mother was a good typist, did 50 words a minute and typed all my Masters papers and my senior work for history at Temple U. She should have gone to college, but in those days it was not easy - and there was me. My father said she had this pink outfit and he fell in love or at least in heat in 1943. They married in 1944; he died in 1999. She was, as her mother was, really blonde.

She always was a radical and taught typing and spelling to Afro-Americans during the war. The FBI came to our home in 1957 or 58 to check both of them out. My father laughed and told them to leave. Mother claims they were looking for him, but she signed more things than he did.

I am not so radical but history and science determine most things. My parents taught me that.

Happy Birthday Mom

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Dave Martin and deep frying Super Bowl turkeys

AP Corporate Communications manager **Emily Leshner** ([Email](#)) received at least one response from Connecting colleagues for her request for photos of AP journalists in action in past Super Bowls.



Cliff Schiappa ([Email](#)) sent along this photo he took from the 2006 Super Bowl in Detroit. The photo shows the late Dave Martin, who at the time was the South Regional Photo Editor, at right, and Tim Donnelly, at left, outside the AP Photo Trailer adjacent to Ford Field in Detroit on Sunday, February 5, 2006. It had become a tradition for Martin to deep fry turkeys at major events for the enjoyment of AP staff and other journalists attracted to the aroma.

One more in a host of reasons why Dave is missed so much by his colleagues.

If you have a photo to share, send it along to Emily.

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Check out the AP Images blog



Jim Gerberich ([Email](#)) - Here's something you might offer your readers as part of Connecting. As part of a larger initiative to leverage social media digital marketing, AP launched an AP Images blog in 2014, <http://blog.apimages.com/> - to market and showcase the best of AP Photos. The blog was launched in May 2014 and by year end received more than 2m views. Not bad for 8 months. Check it out!

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AP Beirut in 1984 - no computer in this picture!



Terry Anderson ([Email](#)) - That's Scheherezade Faramarzi and I in the AP Beirut office

covering a 1984 Air France hijacking, one of a series of hijackings that involved Beirut as a destination or a stopover in the midst of the Lebanese war. Note the typewriters(!) and the rabbit-eared radio. Also the lack of anything resembling a computer.

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Meeting Ernie Banks at a press convention



Gary Sosniecki ([Email](#)) - My wife Helen and I met Ernie Banks (who died on Friday at the age of 83) at a baseball-card show in Kansas City after the Missouri Press Association convention in 1985. I was disappointed that we were too late for the autograph signing but was thrilled to discover Ernie standing next to me during an auction of memorabilia. He spent 20 minutes with us, waiting for me to rush to the car to fetch my lithograph of the 1969 Cubs to sign. This photo of the three of us was taken by another former Cub, Pete LaCock, who had brought Ernie to K.C. to raise money for charity.

After 34 years in the newspaper business, I'm starting my eighth year this week as a regional sales manager for TownNews.com in Moline, Ill. Helen is senior sales and marketing manager for Interlink Inc. of Berrien Springs, Mich. We live in Le Claire, Iowa, home of TV's "American Pickers."

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Sports Unillustrated?

The decision by Sports Illustrated to lay off its six remaining photographers prompts Connecting colleague **Dave DeGrace** ([Email](#)) to ask:

Is SI going to change its name to Sports Unillustrated? :)

Profiles of new Connecting members

Marcia Budd ([Email](#)) - When I reluctantly left the AP, I had two absolutely terrible jobs. The first job was great. I got a position as a copy editor in a medical publishing house, but after two years it went down the drain. Loved the job, love the people. But once again I was reading the Times job section, which incidentally, is how I got my job at the AP.



Then next job was at a local hospital for the director of medicine who needed someone to edit his papers on medical ethics. The job would have been interesting if it had been medical ethics. Instead, the work was typing (ad nauseum) papers (written in long-hand) on religious matters. The hospital was being charged for papers on medical ethics, not religious treatises, so I started looking around.

Finally, in 1996, I got a job at the Hospital for Special Surgery.

I was the Academic Education Coordinator for Radiology. In that capacity, I was the administrator for the 14 attending radiologists, eight or so radiology fellows and radiology residents who rotated through HSS to study orthopaedic radiology. I invited speakers for grand rounds and other conferences. Loved the job, but thought the orthopaedic surgeons were egotistical !@#\$,but really talented. I had three spine surgeries there, I should know.

I stayed at Special Surgery until 2008 when, no surprise, I was given a rather good buy out and I retired.

But the truth is and was, that I didn't love any job as I loved the Associated Press.

I started working in World Services around 1976-1977(?). The day I started, Claude Erbsen gave me a two volume history of the AP and told me to read it and learn about the organization. Don Huth showed me around the seventh floor, took a large roll of brown paper off a "machine" and told me to take it home and get to know and understand how we communicated. One of those "machines" sat in back of or beside me all the years that I worked in World Services.

How lucky I was to join the organization at this stage. Veterans of WWII and Korea were still there. Stan Swinton and Webb McKinley, Nate Polowetzky; George Krinsky, Angelo Natale, Kelly Tunney, Peter Arnett. (if your alive and your name isn't mentioned here, don't be insulted). Larry Heinzerling came back to 50 Rock and he quickly became a friend.

I had much to learn and no one ever hesitated to teach me. Sometimes I felt as if I was back in college. I learned to look at stories from all angles. I was eager to learn and my "guys" were eager to teach.

Stan Swinton (actually I could never call him anything but Mr. Swinton, although he once told me to call him Stan) regaled me with his exploits and every so often the Shah or the Iranian Ambassador would call. Peter Arnett used to come up in his trench coat and he and Stan, in his trench coat, would go to the Overseas Press Club for lunch. It was such a scene. I loved every minute of it.

Computers were just coming in when I started. One day, (We were on the eighth floor at the time) one of the techs rolled in a Radio Shack computer and set it up in my office. My office was comprised of three and a half walls and a window. If my hips were any larger I wouldn't have fit. I think it was Paul Shane who brought the computer up. I asked if it would explode if I did something wrong, and he said absolutely not, but I might be electrocuted.

When AP/Dow Jones/Telerate began I knew nothing about the Telerate computer. Looking back it was really a rickety kind of equipment, but it worked. I have John Mulroy, head of International Communication (killed on PanAm 103) and Walter O'Shea to thank for imparting their knowledge without hesitation.



I made life long friends there. Susie Hoffman, Ann McLaughlin and I meet for lunch every few months.

But above all, the best boss I ever had was Claude Erbsen. He showed me by his example, what a family the AP was. He is still a dear friend,

My retirement would be happy and peaceful, but about 16 months ago while being prepped for cervical spine surgery, I was diagnosed with stage 4 ovarian cancer. I am doing well, although I have just had my first recurrence.

Even with this "minor" problem, I have maintained a normal, and productive life. I belong to the 92nd Street YMHA where I am Vice President of the Advisory Committee for the Senior Program and Chair of the Social Action Committee. Once a month I arrange for speakers to come in and lecture on all aspects of social action; stop and frisk, League of Women Voters, fracking, conservation, childhood hunger. We cover it all. The Senior

Program membership at the 92YMHA is comprised of a couple of judges, assistant DA's, teachers, social workers, attorneys, doctors, etc. It's really a fascinating group.

Another of my great pleasures at the Y is to be part of the Personal Essay class. The ten or so members of this class have had fascinating lives and don't hesitate to share their stories. Two of the men are former WWII pilots, one in the European theater, the other in the Pacific Theater. I have been able to write about my kibbutz days and living through two Israeli wars. (1967/1973). This past November, I visited Israel for the first time in 35 years. I left a young woman and returned a senior citizen. The country was quite a shock. I had my first ever McDonald's burger in Israel.

Years ago, when I was still working, I told myself that when I retired I would teach reading to underprivileged children. I wanted to give them a way out of the ghetto, and I thought reading and grammar would be a way in to the main stream of American life. Finally, I have been able to live my dream. I teach reading to immigrant children in a local school. The kids are great. They make me happy.

If this is my legacy, it is all worth it. I've had an interesting life and for much of it I can thank the AP.

PS - I have two great nephews and I am their Tanta. Larry Heinzerling once pointed out that "tanta" was misspelled. Unfortunately, there was someone ahead of me on aol who was "tantebudd". Sorry Larry.

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Tom Gillem ([Email](#)) - My wife, Anne, is a former AP staffer, too. She was Anne Perry at the AP and worked as a newswoman in Columbus, Indianapolis and Nashville and as news editor in Sacramento. I'll be passing along Connecting to her.



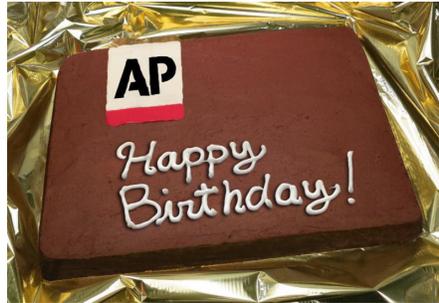
My bio sketch:

After working for a dozen years as a reporter for The Tennessean in Nashville, I joined the AP in 1977 in Columbus and worked in the San Francisco and Nashville bureaus before leaving the AP in 1987. I then worked for five years at Hospital Corporation of America on a design team that, among other things, developed a continual quality improvement course for hospital personnel which served as the prototype for training now offered in healthcare organizations throughout the nation.

After stints at a management consulting group and a public relations firm, I joined a startup called HealthLeaders Inc., an integrated healthcare media and business information company in Nashville comprised of HealthLeaders magazine and of online news and managed care research components. I am currently a freelance writer

and photographer in the Nashville area.

Connecting wishes Happy Birthday



To

Dave Royse ([Email](#))

Welcome to Connecting



Phil Avner ([Email](#))

Aviva Brandt ([Email](#))

Pamela Brownstein ([Email](#)) - I was an AP federal courthouse reporter and business writer in Newark from 1983-86.

James Carlson ([Email](#)) - I retired from AP in Milwaukee in 2009.

Tom Gillem ([Email](#))

Lynne Harris ([Email](#))

Rochelle Hines ([Email](#)) - I worked for The Associated Press in the Oklahoma City bureau for 22 years.

Chuck McFadden ([Email](#)) - I was with The AP in Los Angeles and then Sacramento many years ago.

David Miessler ([Email](#)) - I am a AP retiree who spent 38 years with the AP, first as a technician hired by Fred England in San Francisco to work in NYC, and later as an engineer in East Brunswick followed by Cranbury.

Karren Mills ([Email](#))

Stories of interest

[Alberto Nisman: Prosecutor death report journalist flees](#) (Shared by Sibby Christensen)

A journalist believed to have been the first to report the death of Argentine prosecutor Alberto Nisman says he has fled the country, fearing for his life.



Damian Pachter, who works for the Buenos Aires Herald, left Argentina early on Saturday.

Alberto Nisman's body was found in his apartment a week ago, hours before he was due to testify in Congress.

He had been investigating the bombing of a Jewish centre in the capital in 1994 which left 85 people dead.

Mr Nisman, 51, had accused several senior government figures - including President Cristina Fernandez de Kirchner and Foreign Minister Hector Timerman - of involvement in a plot to cover up Iran's alleged role in the bombing.

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[Hong Kong Editor, Attacked Last Year, Expresses Hope for Future of News Media](#)

Since the newspaper editor Kevin Lau Chun-to was attacked with a cleaver last year and left bleeding on a Hong Kong street, he has embodied fears that the city's long tradition of journalistic independence is under assault.



Hong Kong journalists have warned that political and commercial pressures from mainland China are forcing the news media to compromise on coverage, and there remains a fear that, in extreme cases, journalists could be the target of physical attacks, as Mr. Lau was.

On Friday, Mr. Lau, still using crutches and hobbling almost a year after he was attacked, spoke about the future of the news media in Hong Kong. Hong Kong's closer ties with mainland China came with great risks, he said, but he also expressed hope in the future of new forms of media and in the public's commitment to press freedom.

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['Epitome' of storytellers chosen for University of Kansas national journalism award](#)

Bob Dotson, an NBC News correspondent best known for his long-running series "The American Story with Bob Dotson," will receive the 2015 William Allen White Foundation National Citation, Kansas University announced Friday.



Dotson, a 1968 graduate of KU's William Allen White School of Journalism and Mass Communications, is scheduled to accept the award April 23 at KU.

Dotson is known for his stories of "ordinary people doing extraordinary things," KU said. Those stories have featured people like veterans who honor fallen comrades by washing the Vietnam Veterans Memorial in Washington, D.C., every week, and a high school janitor who didn't want to give up the job he loved even after winning a \$3 million lottery prize.

Those with Associated Press service have been honored with the White citation in past years: Paul Miller, Wes Gallagher, Keith Fuller, Lou Boccardi, Tom Curley and Candy Crowley.

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[Margaret Sullivan: When Calculus of Loss Doesn't Add Up](#) (Shared by Latrice Davis)

If you start from the premise that every human life is of equal importance, then the judgments of news organizations will often be confounding.

Because when it comes to coverage, some violent deaths - to misquote Orwell - are more equal than others.

Such was the case earlier this month, when the Western news media, including The Times, was fixated on the attacks that left 17 victims and three gunmen dead in Paris. Coverage

was wall to wall: In The Times, not a day went by, for 10 consecutive days, without at least one front-page story, usually two.

Meanwhile, in a much more remote part of the world, the radical group Boko Haram had devastated the town of Baga in rural Nigeria. Early reports said that as many as 2,000 had been slain.

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[Tensions rising over W.H. press corps access in India](#)

ABOARD AIR FORCE ONE - Tensions between Indian and White House officials over press access are heating up, as the White House Press Corps tries to preserve their ability to cover President Barack Obama on his trip to India.

Reporters who wish to cover Obama attending the Republic Day parade will have to give up all electronics, wireless access, and even bathroom breaks for upwards of eight hours. If any news were to occur during the parade - an all-day spectacle of marching bands and floats, dancing children and rolling tanks - there would be something like a six-hour delay for the traveling pool to notify the rest of the American press.

According to White House officials, the parade is the only event other than the president's inaugural parades where Obama has been out so long at an event in public.

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[A Long Haul to the Top of El Capitan](#) (Shared by Jim Phillips)

Last week, Tommy Caldwell and Kevin Jorgeson climbed to the summit of El Capitan, in Yosemite National Park, by way of the Dawn Wall, the rock formation's most challenging route.



The skilled climbers' quest took nearly three weeks, much of which was chronicled by John Branch, a Times sports reporter. Branch details the surprising ways he stayed in touch with the two climbers and interviewed them as they ascended 3,000 feet.

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[Photographers Turn to the iPad for Independence](#)

Since its initial launch in 2010, the iPad has been hailed as the future, if not the savior, of mainstream magazines faced with declining sales. While certain publishers have used innovative approaches, embracing new technologies and incorporating video, photography and data-visualization, to bring the printed page to life, many of these tablet-focused iterations have preserved the limitations of a linear reading experience held over from the days of ink on paper.

A group of photojournalists is aiming to change that with the launch of Me-Mo (MEemory in MOtion), an independently published digital platform. Me-Mo is an attempt to move app-based long-form storytelling to a brave new world-and at the same time allowing its founding members to take more control in the presentation and dissemination of their work, in more innovative ways-while still respecting the classic ethics of documentary photography.

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[Vice Uses Virtual Reality to Immerse Viewers in News](#)

A young woman stands in the middle of a crowd of protesters marching up a New York City street, shouting that she is fed up with police brutality, fed up with people saying that black lives don't matter, fed up with people telling her not to be angry.

"My people don't deserve this," she yells, inches away from your face. "We have right to protest. We have right to be angry."

You look to the left, and see protesters holding a sign reading, "White Supremacy Is Deadly." Spin to the right, and you see a throng of observers, their expressions stern as the protest continues.

These vivid images are part of an eight-minute virtual-reality experience that catapults audiences into the center of the Millions March protest in New York in December. Created by two experienced directors, Chris Milk and Spike Jonze, in partnership with Vice News, the project is a virtual-reality journalism broadcast. It will make its debut on Friday at the Sundance Film Festival and in a new virtual reality mobile app called Vrse, which is available on the Vice News site.

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[For SkyMall, It All Seemed So Cool at Six Miles High](#)

For years, it was something of a ritual. You had made it through airport security, survived the lengthy delays and even crammed your carry-on into an overhead bin. Then you could

settle in, buckle up and reach into the seat-back pocket in front of you. There, pressed up against the motion-sickness bag or the laminated emergency instruction card, you would find the latest edition of SkyMall.

It was the National Enquirer of shopping catalogs. Thumbing through its pages - on the tarmac before takeoff or at 35,000 feet - you would find products that seemed too weird to be true: An indoor pet-relief system called "Piddle Place," a helmet that promised to regrow your hair using lasers, a glass Christmas tree ornament designed to look like a pierogi, a solar-powered cooling hat.

But this great American aviation tradition may now be over. SkyMall's parent company, Xhibit, has filed for bankruptcy protection.

The Final Word

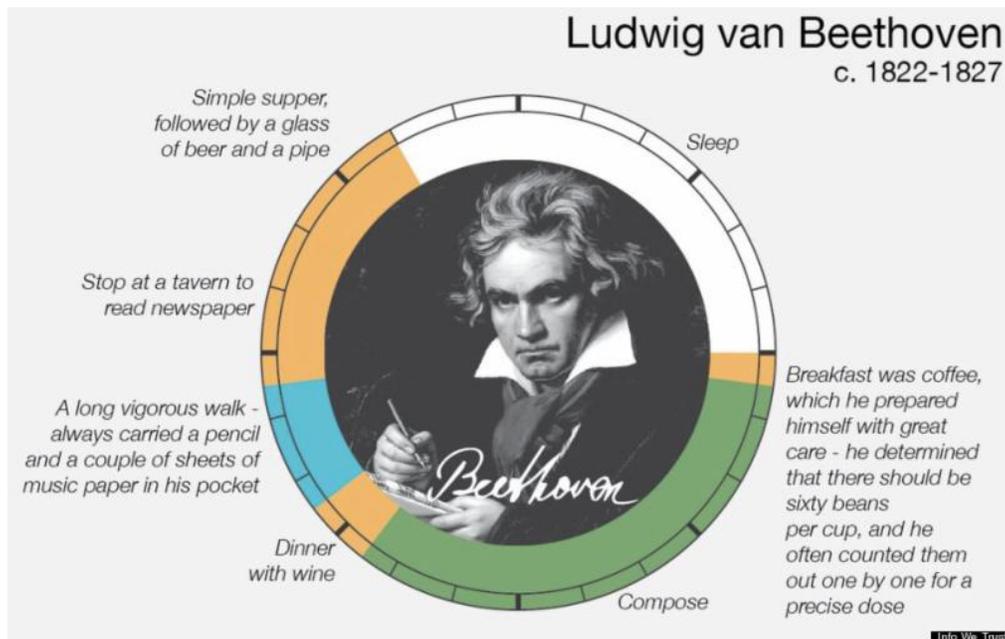
Here's How The World's Most Brilliant People Scheduled Their Days

Alas, there are but 24 hours in a day.

And when you have a seemingly insurmountable load of work, it can be a quite a challenge to even know where to start. But remember that history's most legendary figures -- from Beethoven to Beyonce -- had just as little (or just as much) time as you have.

Using the book *Daily Rituals: How Artists Work* by Mason Currey, RJ Andrews at Info We Trust designed some enlightening visualizations of how history's most creative and influential figures structured their days. Unfortunately, there is no common prescription for the perfect schedule, and each person had a very different set of rituals.

Based on the charts, we learn that some of history's icons had more eccentric habits than others. Consider Beethoven, who would painstakingly count out 60 coffee beans for his morning brew:



Click [here](#) to read and view more.

Today in History

By The Associated Press

Today is Monday, Jan. 26, the 26th day of 2015. There are 339 days left in the year.

Today's Highlight in History:

On Jan. 26, 1915, President Woodrow Wilson signed the Rocky Mountain National Park Act, which created America's 10th national park.

On this date:

In 1784, in a letter to his daughter Sarah, Benjamin Franklin expressed unhappiness over the choice of the bald eagle as the symbol of America, and stated his own preference: the turkey.

In 1788, the first European settlers in Australia, led by Capt. Arthur Phillip, landed in present-day Sydney.

In 1837, Michigan became the 26th state.

In 1870, Virginia rejoined the Union.

In 1925, actor Paul Newman was born in Shaker Heights, Ohio.

In 1939, during the Spanish Civil War, rebel forces led by Gen. Francisco Franco captured Barcelona.

In 1942, the first American Expeditionary Force to go to Europe during World War II arrived in Belfast, Northern Ireland.

In 1950, India officially proclaimed itself a republic as Rajendra Prasad took the oath of office as president.

In 1962, the United States launched Ranger 3 to land scientific instruments on the moon - but the probe ended up missing its target by more than 22,000 miles.

In 1979, former Vice President Nelson A. Rockefeller died in New York at age 70.

In 1988, Australians celebrated the 200th anniversary of their country as a grand parade of tall ships re-enacted the voyage of the first European settlers. The Andrew Lloyd Webber musical "Phantom of the Opera" opened at Broadway's Majestic Theater.

In 1998, President Bill Clinton forcefully denied having an affair with a former White House intern, telling reporters, "I did not have sexual relations with that woman, Miss Lewinsky."

Ten years ago: A U.S. Marine helicopter crashed in western Iraq, killing 30 Marines and a Navy medic aboard. A man parked his SUV on railroad tracks in Glendale, California, setting off a crash of two commuter trains that killed 11 people. (The SUV's driver, Juan Alvarez, was convicted of murder and sentenced to 11 consecutive life terms.)

Condoleezza Rice was sworn in as secretary of state, following her confirmation by the Senate.

Five years ago: Toyota suspended U.S. sales of several popular vehicle models to fix sticking accelerator pedals; the suspension was on top of a recall of 2.3 million vehicles. Louis Auchincloss, 92, a prolific author of fiction and nonfiction, died in New York.

One year ago: A brain-dead, pregnant Texas woman's body was removed from life support as the hospital keeping Marlise Munoz on machines against her family's wishes acceded to a judge's ruling that it was misapplying state law. Stan Wawrinka held off an injured Rafael Nadal to win his first Grand Slam title with a 6-3, 6-2, 3-6, 6-3 victory in the Australian Open final. DeMarco Murray caught a 20-yard pass for a touchdown and Mike Tolbert plunged into the end zone for a 2-point conversion with less than 1 minute to give Jerry Rice's team a 22-21 win over Deion Sanders' team in the first schoolyard-style Pro Bowl. At the Grammy Awards, Daft Punk won album of the year for "Random Access

Memories," while record of the year went to Daft Punk with Pharrell Williams and Nile Rodgers for "Get Lucky."

Today's Birthdays: Actress Anne Jeffreys is 92. Actress Joan Leslie is 90. Cartoonist Jules Feiffer is 86. Sportscaster-actor Bob Uecker is 80. Actor Scott Glenn is 76. Singer Jean Knight is 72. Activist Angela Davis is 71. Rock musician Corky Laing (Mountain) is 67. Actor David Strathairn (streh-THEHRN') is 66. Alt-country singer-songwriter Lucinda Williams is 62. Rock singer-musician Eddie Van Halen is 60. Reggae musician Norman Hassan (UB40) is 57. Actress-comedian-talk show host Ellen DeGeneres is 57. Hockey Hall of Famer Wayne Gretzky is 54. Musician Andrew Ridgeley is 52. Rhythm-and-blues singer Jazzie B. (Soul II Soul) is 52. Actor Paul Johansson is 51. Gospel singer Kirk Franklin is 45. Actress Jennifer Crystal is 42. Rock musician Chris Hesse (Hoobastank) is 41. Actor Gilles Marini (ZHEEL ma-REE'-nee) is 39. Gospel singer Tye Tribbett is 39. NBA player Vince Carter is 38. Actress Sarah Rue is 37. Actor Colin O'Donoghue (TV: "Once Upon a Time") is 34. Country musician Michael Martin (Marshall Dyllon) is 32.

Thought for Today: "My experience of the world is that things left to themselves don't get right." - T.H. Huxley, English biologist and author (1825-1895).

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